

PROJECT PILATES SCHEDULE UPDATED JANUARY 2019

MON	TUES	WED	THURS	FRI	SAT	SUN
PILATES MAT OPEN LEVEL 9-9:55AM W/HANH	PILATES MAT OPEN LEVEL 6-6:55AM W/BRENDA	REFORMER PLUS OPEN LEVEL 6:00-6:55AM <i>*STARTS 1/2/19</i>	PILATES MAT OPEN LEVEL 7-7:55AM W/CHRISTINA	REFORMER PLUS OPEN LEVEL 6:00-6:55AM <i>*STARTS 1/18/19</i>	REFORMER PLUS BEG/INT 8:00-8:55AM W/BRENDA	
REFORMER PLUS BEG/INT 9-9:55AM W/CHRISTIE	REFORMER BEG/INT 7-7:55AM W/CHRISTINA	MIXED EQUIPMENT OPEN LEVEL 7:30-8:25AM W/HANH	REFORMER OPEN LEVEL 8:05-9:00AM W/CHRISTINA	MIXED EQUIPMENT OPEN LEVEL 9-9:55AM W/SHIRA	EQUIPMENT CIRCUIT INTERMEDIATE 9-9:55AM W/HANH	REFORMER BEG/INT 9-9:55AM W/KATELYNN
TOWER BEGINNER 10:05-11:00AM W/HANH	REFORMER BEGINNER 8-8:55AM W/CHRISTINA	REFORMER PLUS BEG/INT 9-9:55AM W/CHRISTIE	REFORMER INTERMEDIATE 9:05-10:00AM W/HANH	PILATES MAT FUSION OPEN LEVEL 10:05-11:00AM W/SHIRA	STRETCH & RELEASE OPEN LEVEL 10:00-10:55AM W/BRENDA	REFORMER BEG/INT 10-10:55AM W/KATELYNN
MIXED EQUIPMENT OPEN LEVEL 11:05-12:00PM W/HANH	REFORMER BEG/INT 9-9:55AM W/HANH	PILATES MAT OPEN LEVEL 9-9:55AM W/HANH	BUILDING BONES MIXED EQUIP BEG/INT 10:05-11:00AM W/HANH	MIXED EQUIPMENT OPEN LEVEL 10:00-10:55PM W/CHRISTIE	TOWER BEG/INT 10-10:55AM W/HANH	JUMPBOARD & MIXED OPEN LEVEL 11-11:55AM W/SHAUNA
POST NATAL OPEN LEVEL 12:05-1:00PM W/HANH	STRENGTH & LENGTH OPEN LEVEL 10:05-11:00AM W/HANH	REFORMER BEGINNER 10:05-11:00AM W/HANH	STRETCH & RELEASE OPEN LEVEL 11:05-12:00PM W/HANH	REFORMER OPEN LEVEL 11:05-12:00PM W/SHIRA	REFORMER OPEN LEVEL 11:00-11:55AM W/BRENDA	PILATES MAT FUSION OPEN LEVEL 12:05-1:00PM W/SHAUNA
STRENGTH & LENGTH OPEN LEVEL 6-6:55PM W/ERIN	REFORMER PLUS BEGINNER 11:05-12:00PM W/CHRISTIE	REFORMER PLUS OPEN LEVEL 11:05-12:00PM <i>*STARTS 1/23/19</i>	REFORMER BEGINNER 6:00-6:55PM W/BRENDA	REFORMER PLUS BEGINNER 12:05-1:00PM W/CHRISTIE	PILATES MAT OPEN LEVEL 11:05-12:00PM W/HANH	REFORMER PLUS OPEN LEVEL 1:05-2:00PM W/SHAUNA
REFORMER PLUS BEGINNER 6:00-6:55PM W/BRENDA	REFORMER PLUS BEG/INT 6:00-6:55PM W/BRENDA	REFORMER OPEN LEVEL 1-1:55PM W/SHAUNA	REFORMER PLUS BEG/INT 8:00-8:55PM W/BRENDA		REFORMER BEGINNER 12:05-1:00PM W/HANH	
BALLS & BANDS OPEN LEVEL 7-7:55PM W/ERIN	REFORMER PLUS BEG/INT 7:00-7:55PM W/BRENDA	PILATES MAT OPEN LEVEL 6-6:55PM W/SHAUNA				
MIXED EQUIPMENT OPEN LEVEL 7:05-8:00PM W/BRENDA		REFORMER PLUS BEG/INT 6:05-7:00PM W/HANH				
REFORMER BEGINNER 8:05-9:00PM W/BRENDA		REFORMER PLUS OPEN LEVEL 7:05-8:00PM W/SHAUNA				
		REFORMER PLUS BEGINNER 8:05-9:00PM W/HANH				



PP EQUIPMENT MEMBERSHIPS	
ENROLLMENT FEE	\$29 + TAX
1 MONTH UNLIMITED	\$210 + TAX
3 MONTHS UNLIMITED	\$195 + TAX (MONTH)
6 MONTHS UNLIMITED	\$175 + TAX (MONTH)
8 EQUIPMENT MONTH	\$149 + TAX
4 EQUIPMENT MONTH	\$60 + TAX (W/HHF MEMBERSHIP)

HHF MEMBERS (AND PROJECT PILATES MEMBERS) MAT CLASSES INCLUDED W/MEMBERSHIP	
SINGLE EQUIPMENT CLASS	\$30
5-PACK EQUIPMENT CLASS	\$130
10-PACK EQUIPMENT CLASS	\$250

NON-MEMBERS	
SINGLE MAT CLASS	\$30
SINGLE EQUIPMENT CLASS	\$35
5-PACK EQUIPMENT CLASSES	\$155
10-PACK EQUIPMENT CLASSES	\$300

STUDIO POLICIES

***EQUIPMENT CLASSES** ARE DESIGNATED IN **BLUE**.

- *EQUIPMENT CLASSES MAY BE CANCELLED IF FEWER THAN 2 PEOPLE ARE ENROLLED.
- *BOTH RESERVATION & PAYMENT ARE REQUIRED FOR ALL PILATES EQUIPMENT CLASSES.
- *LEVEL ASSESSMENT REQUIRED FOR ALL FIRST-TIME EQUIPMENT CLASS REGISTRATIONS.
- *24-HOUR CANCELLATION POLICY APPLIES TO ALL EQUIPMENT CLASSES, INCLUDING UNLIMITED MEMBERSHIPS.**

***MAT CLASSES** ARE DESIGNATED IN WHITE

- *CLASSES ARE INCLUDED IN HHF MEMBERSHIPS AND PASSES
- *CLASSES ARE HELD AT HHF

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