

## Information/Rules/Guidelines for swim lessons:

Swim Sessions are 12 Weeks and classes are 30 minutes.

Assessment for re-enrollment will happen Week 8, parents may observe this class and one other between weeks 1 and 12.

\* We do not offer make-up classes for missed lessons. Week 13 is reserved for any re-scheduled classes due to facilities needs to cancel for any unforeseen reason including inclement weather and safety issues.

Classes will be canceled if a State of Emergency issued for inclement weather. Other times will be at our discretion.

Being on time is mandatory because tardiness is disruptive to other participants - instructors attention is pulled to acclimate the late student.

Assessment and eligibility for participants to advance to the next level are based upon ability, participation and attendance .

Enter the pool area to the right (the side with the windows) and exit on the left.

Please, no talking in the pool area. Please have conversations elsewhere, it is distracting.

One parent per child allowed in the pool area (for Level 1 and 2 only) to assist with the needs of the child.

Please do not bring siblings, they are not permitted in the pool area during classes due to space restrictions.

Questions regarding classes must be asked prior to or after class times. There is a 5-minute window allotted for these questions. Instructors will do their best to answer your questions but must start classes on-time.

Children are expected to exit the pool promptly at the end of class.

We encourage participants to come dressed and ready for class.

Please do not change in the restroom.

Please limit shower rinse time, there are too many students to accommodate full showers after class.

No refunds are given after enrollment.

Email Contact: [swim@hamiltonhealthfitness.com](mailto:swim@hamiltonhealthfitness.com) (This is the best way to reach the swim coordinators!)

Updated: 12/6/19